

SAXON SURGICAL CENTER, INC.

430 EAST AVENIDA DE LOS ARBOLES, STE.101, THOUSAND OAKS, CA 91360

EPIDURAL WITH SEDATION

POST PROCEDURE INSTRUCTIONS:

- 1. DO NOT DRIVE OR OPERATE MACHINERY FOR 24 HOURS.** Some anesthetics have a delayed metabolism and could interfere with your ability to perform tasks.
- 2. DO NOT DRINK ALCOHOLIC BEVERAGES FOR 24 HOURS.**
- 3. DO NOT MAKE IMPORTANT DECISIONS UNTIL THE NEXT DAY.**
- 4. DO NOT EAT HEAVY OR LARGE MEALS UNTIL THE NEXT DAY.**

POST PROCEDURE CARE:

- 1. A COLD PACK** may be used, if needed. Apply the cold pack for 15-20 minutes only, up to 6 times per day, for 1-2 days.
- 2. You may take Tylenol**, if needed for discomfort. Use the Tylenol as directed on the Package.
- 3. You may take previously prescribed pain medication**, as directed by your Pain Management Physician
- 4. Keep the site clean and dry.** Replace the dressing if it becomes wet.
- 5. Remove the dressing after 1 day** and inspect the site carefully.
- 6. Rest and relax for 24-48 hours.**
- 7. A Nurse will call you a day or two after your procedure** to see how you are doing.

NOTIFY DR _____ . OFFICE AT _____ , IN THE EVENT OF:

- 1. Increased swelling or redness at the injection site.**
- 2. Drainage from the injection site.**
- 3. Chills, or fever greater than 101 F.**
- 4. Headache which increases with standing.**
- 5. Increased weakness of arms/legs or onset of new numbness, or new severe pain.**

COMMENTS: _____

I understand the above instructions and the need to follow all the stated directions carefully.

Signature of Patient and/or Responsible Adult

Date

Signature of Physician and/or Assistant

Patient Name